How to Write a Strong Thesis Statement

1. Understand the Academic Writing Task

You can begin to formulate a good thesis statement only after you have got a solid grasp of the purpose of the assignment. If you’re asked to write a paper in response to a specific assignment question, then your first task is make sure that you clearly understand the academic writing task. Determine which of the following critical thinking skills you are primarily being asked to apply to your object(s) of study:

- analysis
- comparison
- evaluation
- argumentation
- interpretation
- reflection

Your thesis statement, then, should take a form that reflects the goal of the writing task.

2. Become Familiar with the Different Kinds Of Thesis Statements

Almost all forms of academic writing conform to a thesis-support structure — a structure in which we find the main claim near the beginning of the essay, followed by evidence and analysis in support of this claim in the body of the essay. Your thesis statement serves as the main argument that drives your paper forward. Students are for the most part well accustomed to writing essays that follow this top-down structure; however, they usually have a much harder time adapting their thesis statements to match the purpose of the specific writing task. Never assume that you don’t need a
thesis statement just because you’re not asked to write a traditional academic essay. The following lists some of the most common assignments and their corresponding thesis forms:

- **Analytical Essay**: Statement of main claim about the topic in relation to the object of study.
- **Critical Review** (i.e. review of an academic journal article): Statement of critical evaluation about the journal article.
- **Position Paper**: Statement of position + reasons.
- **Comparative Essay**: Statement of main argument + main points of comparison.
- **Research Paper**: Statement of main claim about the topic, issue, or problem.
- **Research Proposal**: Tentative statement of main claim about the topic, issue, or problem.
- **Personal Reflection**: Statement of main focus or direction.
- **Case Study**: Statement of problem + recommendations.
- **Lab Report**: Statement of main purpose

### 3. Formulate a Research Question

Students often have a hard time distinguishing between the thesis statement and the research question. These two components of an academic paper are closely related, but not interchangeable. Sometimes the research question is given to you as a part of the assignment question; at other times, you will have to come up with the research question on your own. The research question can be defined in the following ways:

- The question that focuses your research on a significant problem, issue, controversy or contradiction.
- The main question outlined in your assignment, or the final question you have arrived at after having asked questions to narrow your topic.
- The question that your thesis statement will answer in the form of a specific claim.
Example of research question:

“What was the most important cause of America’s increased involvement in the Vietnam War during the 1960s?” (Avery et al. 22).

Example of a thesis statement in response to a research question:

“The escalation of the Vietnam War during the 1960s was caused primarily by America’s anti-Communist foreign policy” (Avery et al. 22).

Tips on coming up with a good research question:

- Ask the journalistic questions (who, what, when, where, why) about your topic until you get down to a single question that is both specific and substantive.
- Consider how your question relates to published literature on your topic.
- Use a purpose-statement prompt to help you come up with a research question: “The purpose of this paper is to ...”

4. Formulate a Tentative Thesis Statement

Coming up with a good thesis statement can seem like a very perplexing task in the early stages of the writing process, particularly if you’re asked to submit a research proposal that requires a tentative thesis statement.

Remember that a tentative thesis statement is not something set in stone; rather, it is something meant to help you focus your analysis and research so that the writing task becomes manageable. You should not attempt to start collecting and analyzing evidence until you have an idea of the main argument you would like make in your paper. Generating the thesis statement, then, can be thought of as a recursive process. In the early stages of planning and writing, the tentative thesis helps you focus on the evidence in a certain way, but as you get further along in the writing process the analysis of evidence should also help you clarify the thesis statement (Rosenwasser et al. 132).

The authors of Writing Analytically recommend that you ask yourself the following questions as you go through the process of generating a main claim for your essay:
- What kinds of patterns or implications emerge when I look closely at my evidence?
- What kind of evidence and support do I need to support my tentative thesis?
- What kind of evidence cannot be adequately accounted for by my tentative thesis?
- How can I explain the mismatches between my thesis statement and my selected evidence?
- How can I rewrite my thesis statement in order to accommodate the evidence that doesn’t fit?

This practice of constantly readjusting the thesis statement to match the evidence and analysis will ultimately lead you to write a polished and defensible thesis statement in your final draft.

**Example of a tentative thesis statement:**

“*Educating Rita* celebrates the liberating potential of enabling education, defined as that which remains open to healthy doses of working-class, real-world infusions” (Rosenwasser et al. 137).

**Example of complicating evidence:**

“Frank and Rita both end up alone and alienated” (Rosenwasser et al. 137).

**Example of a revised thesis:**

“*Educating Rita* celebrates the liberating potential of enabling education (kept open to real-world, working-class energy) but also acknowledges its potential costs in loneliness and alienation” (Rosenwasser et al. 137).

### 5. Examine a Contradiction

Some thesis statements are just simply more interesting than others. The choice of a boring or self-evident thesis statement has less to do with how brilliant you are as a writer and more to do with how good you are at identifying a “problem that is *significant* not just to you, but to your readers as well” (Booth et al. 48). If you get halfway through your essay, and you find yourself with nothing left to say, then you
can be fairly certain that your thesis lacks the intellectual vigor required to propel you through the essay.

According to the authors of *Thinking It Through: A Practical Guide to Academic Essay Writing*, one way that you can avoid writing a thesis statement that falls intellectually flat is to formulate one that **focuses on an interesting contradiction, tension, or paradox between two things**. For example, a complex thesis statement might focus on the contrast between the popular interpretation of a political event and your own interpretation, between two paradoxical themes in a novel or poem, and so on. By acknowledging the complexities and nuances of the topic at hand, complex thesis statements often come much closer to the reality of things (Avery et al. 28).

*Example of a thesis statement that examines a contradiction:*

“While *The Long Day*'s narrator exemplifies many tenets of new feminism, such as a commitment to women's economic independence, her feminist sympathies are undermined by her traditional attitudes towards female sexual expression.”

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**6. Write the Thesis Statement as a Complex Sentence**

While inexperienced writers are often unaware of how to use language and sentence structure to reinforce the meaning of their ideas, experienced writers are skilled at using complex sentence structures to create emphasis and to convey a hierarchy of ideas.

*Example of a thesis statement that is weak in structure*

“The Nativity is a high-spirited comedy and *The Crucifixion* is a brutal tragedy. Both medieval plays explore a common theme: the intersection of the human and the divine” (Avery et al. 32).
Example of a complex thesis statement

“Although one is a high-spirited comedy and the other a brutal tragedy, the medieval plays *The Nativity* and *The Crucifixion* explore a common theme: the intersection of the human and the divine” (Avery et al. 32).

In this example, the information in the subordinate clause consists of what is already known or self-evident about the plays, whereas the information in the main clause emphasizes what is less obvious, and therefore more interesting about the two plays. Together, the two parts of the sentence make explicit the interesting contradiction that will be examined in the essay.

7. Test Your Thesis Statement

Consider the following questions:

- Does the thesis show analysis and depth of thought, or is it mainly descriptive?
- Does the thesis present an argument about the material, and is it worded as an argument?
- Is the thesis contestable? (Would someone potentially want to argue with you about it?)
- Is the thesis defensible? (Have you used qualifying expressions such as “primarily” or “for the most part” to make the thesis more defensible?)
- Does the thesis statement take into account the “so what” question?

Frequently Asked Questions about Thesis Statements

Q: Must the thesis statement have a three-part structure?

A: No. The three-part thesis statement is likely something you learned in high school that was intended to give you a basic sense of organization and structure. When constructing your thesis statement, you should feel free to use as many, or as few, points as you need to make a suitably complex argument.
Q: Can the thesis statement be more than one sentence?

A. Yes. While you should always strive to make the thesis statement as clear and concise as possible, in some cases, you will need more than one sentence to fully articulate your argument. By always trying to adhere to the “one-sentence rule” for thesis statements, you may inadvertently do the following: reduce the complexity of your argument by restricting its expression to one sentence, or obscure the argument by cramming too many clauses into one sentence.

Q: Does the thesis statement have to come at the end of the introduction?

A: No, but by convention the reader will unconsciously expect to find the main claim of the paper somewhere near the end of the introduction. This placement makes sense from a genre or rhetorical perspective because the thesis statement will likely be more compelling or persuasive if you’ve already established some context for it in the opening parts of your introduction.

Q: Should I use the first-person pronoun “I” in the thesis statement?

A: Generally speaking, the use of “I” in the thesis statement is a matter of your personal preference and writing style. Some arguments are worded very explicitly, while others are expressed in a more neutral and detached way. In either case, a phrase such as “in this paper, I will argue that ...” can serve as an excellent writing prompt that invites you to word your thesis statement as an argument. Whether or not you decide to keep this phrase in the final version of your thesis statement is up to you.

The stricture against the use of “I” in high school essays was intended to teach you to avoid using subjective experience or personal conviction as the basis of your claim; thus, if your argument is grounded in solid evidence and analysis, then you should not be overly concerned about the use of “I”. Check with your course instructor if you are still in doubt about when and where to use “I”.

WORKS CITED


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